

NIVAA TRACK & FIELD CHAMPIONSHIPS

MARY PETER'S TRACK, BELFAST, SATURDAY 30<sup>TH</sup> AUGUST 2008

Entry Fee: Non-affiliated £7.00 first event. Affiliated £5.00 first event. Additional events £3.00 each  
Cheques/postal orders must be made payable to 'NIVAA' (postage stamps not acceptable)

Male \_\_\_\_\_ Female \_\_\_\_\_

Please Use Capital Letters

Surname \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

Post Code \_\_\_\_\_

Telephone No: Home: \_\_\_\_\_ Work: \_\_\_\_\_

Mobile: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age Group For Event: \_\_\_\_\_

Club \_\_\_\_\_ BMAF/IMAA Affiliation No \_\_\_\_\_

Non affiliated athletes please enclose copy of Birth Certificate/Driving Licence/Passport

Event	PB 2007/08	Event	PB 2007/08
1	_____	4	_____
2	_____	5	_____
3	_____	6	_____

Payment Enclosed For Entry Fees

First Event - Non-Affiliated - £7.00	£ _____
First Event - Affiliated - £5.00	£ _____
Each Additional Event - £3.00 each	£ _____
Total	£ _____

I enclose a cheque/postal order in Sterling currency payable to 'NIVAA'

I hereby agree that the organisers shall not be liable for any accident, injury, loss or damage as a consequence of my participation in the NIVAA Track & Field Championships.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Entries close on Saturday 23<sup>th</sup> August 2008

Entries to: NIVAA Entries Secretary, 12 Upper Croft Road, Holywood, BT18 0HJ  
SAE for confirmation of entry

Provisional Timetable Overleaf. This may be altered depending on entries received. Notification will be sent to those affected.

## NIVAA TRACK & FIELD CHAMPIONSHIPS

Mary Peters Track, Belfast, Saturday 30<sup>th</sup> August 2008

### Provisional Timetable

#### Track

1.00	Event 1	100m final	Women all age groups
1.05	Event 2	100m final	M35
1.10	Event 3	100m final	M40
1.15	Event 4	100m final	M45
1.20	Event 5	100m final	M50
1.25	Event 6	100m final	M55/60/65+
1.30	Event 7	3 K Walk	Final all age groups M&W
2.00	Event 8	110/100/80 Hdls	Final all age groups M&W
2.10	Event 9	800m final	Women all age groups
2.20	Event 10	800m final	M35/40/45
2.30	Event 11	800m final	M50/55/60+
2.40	Event 12	3000m W/5000m M	All age groups
3.05	Event 13	400m final	Women all age groups
3.10	Event 14	400m final	M35/40
3.15	Event 15	400m final	M45/50
3.20	Event 16	400m final	M55/60/65+
3.25	Event 17	1500m final	Women all age groups
3.35	Event 18	1500m final	Men all age groups
3.45	Event 19	200m final	Women all age groups
3.50	Event 20	200m final	M35
3.55	Event 21	200m final	M40
4.00	Event 22	200m final	M45
4.05	Event 23	200m final	M50
4.10	Event 24	200m final	M55
4.15	Event 25	200m final	M60/65+
4.30	Event 26	400m Hdls	All age groups
4.45	Event 27	4x200m mixed relay	Non Championship
		Relay teams of 2 men & 2 women should be submitted to registration before 4.00	
		NB time may change to fit in with field events	

#### Field

11.30	Event 28	Hammer	all age groups
12.30	Event 29	High Jump	all age groups
1.15	Event 30	Shot	all age groups
1.45	Event 31	Long Jump	all age groups
2.30	Event 32	Discus	all age groups
3.00	Event 33	Triple Jump	all age groups
3.45	Event 34	Javelin	all age groups

As most competitors compete in all the throws events these will run consecutively and may start earlier/later as necessary.